



# Support Services for Adults in Maine

See back for more services.

## Adults with Brain Injury\*

**This program is for adults with acquired brain injuries.**

People who choose to live and work in the community may be eligible for services and supports that make it possible for them to be as independent and self-sufficient as possible. A person's preferences and support needs are identified through a planning process and documented in a Care Plan. Services and supports included in the Care Plan must be authorized by the Department of Health and Human Services and are subject to funding availability.

**To be eligible, a person must:**

- Be age eighteen (18) or older
- Have a diagnosis of acquired brain injury
- Meet medical and financial eligibility requirements

**Covered services:**

- Assistive Technology Device and Services
- Care Coordination Services
- Career Planning
- Community /Work Re-integration
- Employment Specialist Services
- Home Support Services
- Non-medical Transportation Services
- Self-Care/ Home Management Re-integration
- Work Ordered Day "Club House"
- Work Support Services

## Adults with Other Related Conditions\*

**This program is for adults with cerebral palsy, epilepsy or other conditions that impair intellectual functioning or adaptive behavior.**

It provides services and supports to people who qualify for institutional care but want to live as independently as possible in the community.

**To be eligible, a person must:**

- Be age twenty one (21) or older
- Have a related condition such as cerebral palsy or epilepsy that results in impairment of general intellectual functioning or adaptive behavior
- Have substantial functional limitations in self-care, language, learning, mobility, independent living
- Meet MaineCare medical and financial eligibility requirements

**Services:**

- Personal Care Services
- Assistive Technology
- Occupational, Physical, Speech Therapy
- Care Coordination Services
- Communication Aids
- Home Accessibility Adaptations
- Specialized Medical Equipment
- Home and Work Support Services
- Community Support Services
- Employment Specialist Services

## Personal Plan or Care Plan

**Many support services require a Personal Plan or Care Plan.** A person's preferences and support needs are identified and documented in a Personal Plan or Care Plan that is authorized by the Department of Health and Human Services and are subject to funding availability.

\*For more information, contact . . .

Department of Health and Human Services

For more information, contact . . .

	<b>Homemaker Program</b>	
	<b>Adults with Intellectual Disabilities or Autism Spectrum Disorders</b>	
	<b>Older Adults and Adults with Disabilities</b>	
	<b>Adults with Brain Injury</b>	
	<b>Adults with Other Related Conditions</b>	

## Services & Supports for Adults





# Services & Supports for Adults

See back for more programs.

## Older Adults and Adults with Disabilities\*

**This program is for older adults and adults with disabilities.**

It includes personal care, nursing care and other services to help people remain in their homes so that they can avoid or delay receiving care in a nursing home. People who want to direct their own services may do so under the Participant Directed Option. An agency assesses a person's medical and functional needs and develops a Plan of Care to meet those needs. All services identified in the Plan of Care require prior approval and are subject to funding availability.

**To be eligible, a person must:**

- Be age eighteen (18) or older
- Meet all medical and financial eligibility requirements

**Services:**

- Personal Care Services
- Home Health Services
- Adult Day Health Services
- Assistive Technology
- Care Coordination Services
- Environmental Modifications
- Personal Emergency Response Systems
- Respite Services

## Homemaker Services Program

**The Homemaker Program helps older adults and adults with disabilities with household and personal care activities.**

**To be eligible, a person must:**

- Be age eighteen (18) or older
- Live independently in the community
- Meet medical and financial eligibility requirements

**Services:**

- Help with personal hygiene (bathing, washing hair, shaving, dressing, brushing teeth)
- Household cleaning (sweeping, vacuuming, dusting, kitchen/bathroom cleaning, laundry)
- Shopping, meal planning and preparation

\*For more information contact . . .

## Adults with Intellectual Disabilities and Autism Spectrum Disorders\*

Adults with intellectual disabilities and autism spectrum disorders may be eligible for one of two programs that provide similar services and supports. The Section 21 Home and Community-Based "Comprehensive" Waiver program has higher service limits and different eligibility criteria than the Section 29 Home and Community-Based "Support" Waiver program.

### ■ Home and Community Benefits (SECTION 21)

**This program is for adults with intellectual disabilities or autism spectrum disorders who live in their own home or in the community with assistance, thus avoiding or delaying institutional services.**

**To be eligible, a person must:**

- Be age eighteen (18) or older
- Have an intellectual disability or autism spectrum disorder
- Meet MaineCare medical and financial eligibility requirements

**Services:**

- Assistive Technology
- Home and Work Support
- Employment Specialist Services
- Home Accessibility Adaptations
- Occupational, Physical and/or Speech Therapy
- Specialized Medical Equipment and Supplies
- Communication Consultation
- Crisis Assessment, Intervention and Counseling
- Career Planning
- Consultation Services

### ■ Support Services Program (SECTION 29)

**This program provides support services in home, community, and work settings to eligible adults who live with their families or on their own.**

- Be age eighteen (18) or older
- Have an intellectual disability or autistic disorder
- Live with family or on their own (not in a provider owned or controlled setting)
- Meet medical and financial eligibility requirements

**Services:**

- Assistive Technology
- Career Planning
- Community Support
- Employment Specialist Services
- Home Accessibility Adaptations
- Home Support
- Non-Medical Transportation
- Respite Services
- Work Support

## Personal Plan or Care Plan

**Many support services require a Personal Plan or Care Plan.** A person's preferences and support needs are identified and documented in a Personal Plan or Care Plan that is authorized by the Department of Health and Human Services and are subject to funding availability.